Facts and Myths About COVID-19

<u>MYTH:</u>

COVID-19 vaccines cause you to become sick with COVID-19.

FACT:

COVID-19 does not contain the live virus that causes you to get sick. Some may feel side effects such as fever or muscle aches which will go away in a few days.

MYTH:

COVID-19 causes fertility problems.

FACT:

Currently no evidence shows that the COVID-19 vaccine causes fertility problems (problems trying to get pregnant) in women or men.

MYTH:

COVID-19 vaccines contain microchips that can track your location.

FACT:

The COVID-19 vaccines do not contain microchips and they cannot make you magnetic

<u>MYTH:</u>

COVID-19 vaccines can alter your DNA.

FACT:

COVID -19 vaccines do not change or interact with your DNA in any way.

<u>MYTH:</u>

The ingredients in COVID-19 vaccines are unsafe.

FACT:

Nearly all the ingredients in COVID-19 vaccines are also ingredients in many foods - fats, sugars, and salts.

Scan to visit our website for more information



Contact Us

onondagahealthoutreach@gmail.com



Office of Minority Health and Health Disparities Prevention



COVID-19 VACCINE INFORMATION

COVID-19

What is the Coronavirus Disease (COVID-19)?

- COVID-19 is a sickness caused by the SARS-CoV-2 virus
- It mainly affects the lungs and breathing
- Causes symptoms that feel like a cold, the flu, or pneumonia.
- Some people are more at risk of becoming seriously ill, such as:
 - Elders
 - People with diabetes, heart disease, cancer, or long-term breathing problems.

How does COVID-19 spread?

- COVID-19 can spread when an infected person breathes out tiny droplets of fluid that contain the virus.
- People can get the virus by:
 - Breathing in the infected droplets.
 - Getting the droplets in your eyes, nose, or mouth.
 - Touching surfaces where the droplets have landed.
- COVID-19 can be spread by anyone infected with it, even if the don't show any symptoms.

How to Protect Yourself and Others:

- Get your COVID-19 Vaccination. Staying up to date on your vaccinations can help prevent serious illness, hospitalization, and death.
- Test for COVID-19. If you feel sick or have any symptoms, stay home and test for the infection to prevent spreading it to others.
- Señ'nyohaeh. Wash your hands with soap and warm water for 20 seconds.
- **Disinfect high-touch surfaces**. For example, clean doorknobs, light switches, counters, and electronics regularly.
- Cover your coughs and sneezes. Cough or sneeze into your elbow or a tissue. Then wash your hands afterwards.

Where to get Vaccinated:

- Scan the QR code or visit vaxassit.com to find a location and schedule an appointment near you to get the COVID vaccination.
- Call the Onondaga Nation Clinic to schedule an appointment (315)-469-6449

COVID-19 Vaccination

What is the COVID-19 Vaccine?

- Teaches your body's defense system to recognize and fight the disease.
- Builds protection (immunity) against the virus.

Benefits	Drawbacks
Prevents serious illness, hospitalization, and death due to COVID-19	Common side effects to the vaccine: • Pain, swelling, & redness on the arm
Lowers long-term illness from getting COVID-19 such as: • heart complications • the loss of taste and smell • extreme tiredness, especially after activity. • shortness of breath • problems with memory, also called brain fog. • sleep problems	 where the shot was given. Tiredness, headache, muscle pain Chills Nausea Fever These all generally go away in a few days. Extremely rare: allergic reactions blood clots

